

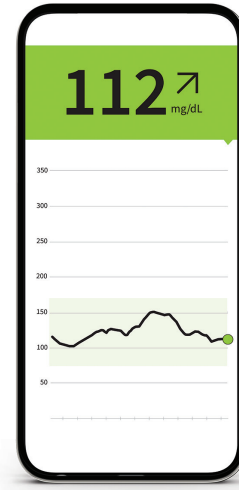
See Why People Love the MyFreeStyle Program

90% have a better understanding of how food impacts glucose levels¹

89% feel more confident in their diabetes management¹

86% expressed satisfaction with the MyFreeStyle program¹

Open Camera
Scan Code
Join Now



StartMyFreeStyle.com

“The MyFreeStyle program has allowed me to take back some of that control. With the emails, I receive positive encouragement and tips on how to make good choices.”
— MyFreeStyle program participant

1. Data on File. Abbott Diabetes Care.



FreeStyle
Libre



Product images are for illustrative purposes only.

The FreeStyle Libre 2 or 3 apps are only compatible with certain mobile devices and operating systems. Please check our website for more information about device compatibility before using the apps. Use of the apps may require registration with LibreView.

Medicare coverage is available for FreeStyle Libre Systems if their respective readers are used to review glucose data on some days every month. Medicare and other third party payor criteria apply. Abbott provides this information as a courtesy, it is subject to change and interpretation. The customer is ultimately responsible for determining the appropriate codes, coverage, and payment policies for individual patients. Abbott does not guarantee third party coverage or payment for our products or reimburse customers for claims that are denied by third party payors.

Important Safety Information

FreeStyle Libre 2 and FreeStyle Libre 3 systems: Failure to use FreeStyle Libre systems as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose reading and alarms (if enabled) do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyle.abbott/us-en/safety-information.html> for safety info.

The sensor housing, FreeStyle, Libre, and related brand marks are marks of Abbott.

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Get Diabetes Education & Support
with the **MyFreeStyle Program**



See Important Safety Information on back.

What is the MyFreeStyle Program?








- MyFreeStyle is a free onboarding & ongoing support program designed to **help you feel more confident in managing your diabetes**¹ with the FreeStyle Libre systems. Self-guided learning includes video tutorials, downloadable guides, and activity sheets delivered right to your inbox
- Opportunity to join a **free live training session** with a Certified Diabetes Care and Education Specialist (CDCES) to help address any questions you may have

1. Data on file. Abbott Diabetes Care.



What Can I Expect on My Journey?

The program will help you learn how to get the most out of your FreeStyle Libre systems with topics such as:

-  Sensor application and use
-  Trend arrows
-  Optional, real-time glucose alarms^{*†}
-  Reports & sharing data[‡]
-  Food choices
-  Physical activity
-  Overnight lows
-  Target range[§]

You can use these learnings to make more informed decisions and stay on track with your diabetes management.

*Notifications will only be received when alarms are turned on and the sensor is within 20 feet unobstructed of the reading device. You must enable the appropriate settings on your smartphone to receive alarms and alerts, see the FreeStyle Libre 2 User's Manual for more information. †Notifications will only be received when alarms are turned on and the sensor is within 33 feet unobstructed of the reading device. You must enable the appropriate settings on your smartphone to receive alarms and alerts, see the FreeStyle Libre 3 User's Manual for more information. ‡The user's device must have internet connectivity for glucose data to automatically upload to LibreView and to transfer to connected LibreLinkUp app users. §Default range is 70-180 mg/dL. Consult with a healthcare professional on individual target glucose range.

Anyone Can Join

Sign up today to receive the benefits of the MyFreeStyle program and start getting the most out of your CGM



Scan the QR code or visit
StartMyFreeStyle.com

Looking for more help?

Join one of our live training sessions with an expert.

It takes just 2 minutes to register at MyFreeStyleLive.com or scan the QR code below

