



# Veterans Affairs Guidance on Patient Selection Criteria for Continuous Glucose Monitors<sup>1</sup>

## SPECIFIC CGM COVERAGE CRITERIA

### Documentation of Justification for CGM:

Providers prescribing CGM devices for Veterans must confirm and document the Veteran has diabetes and is being treated with daily insulin. Veterans receiving insulin daily are eligible for a CGM device. It is recommended that CGM be considered under the following circumstances:

- Veterans who require **daily insulin** to achieve desired glycemic management targets and/or avoid hypoglycemia based on shared decision-making, as recommended by the VA/DoD Clinical Practice Guideline Management of Diabetes Mellitus.
- Veterans with uncommon conditions in which **hypoglycemia is a significant concern** (for example, post-gastrectomy, paraneoplastic syndromes, reactive hypoglycemia) may be considered on a case-by-case basis by the Endocrinology subject matter expert at the VISN or facility.

### Requesting CGM Devices:

An order for a CGM device should be made to **Prosthetics** by the independent practitioner/consultant team who will be responsible for the Veteran's clinical management. The order should reference a progress note justifying the specific medical indication, the Veteran's individual circumstances indicating the need for a CGM, the Veteran's ability to use the device, and a plan for clinical follow-up. Services meeting this requirement include Endocrinology, Pharmacy, Primary Care, and other services with experience in the use of CGMs as designated by the facility/Veterans Integrated Service Network.

Medicare and other payor criteria apply.

**1.** Memorandum, Updated Guidance on Patient Selection Criteria for Continuous Glucose Monitors (CGM), July 7, 2023- Department of Veterans Affairs.

### Important Safety Information:

Product for prescription only, for Important Safety Information please visit [FreeStyleLibre.us](https://www.FreeStyleLibre.us)  
The circular shape of the sensor housing, FreeStyle, Libre, and related brand marks are marks of Abbott.  
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