

5 things every patient needs to know

When patients are starting FreeStyle Libre systems:

1 Focus on essentials for optimal sensor performance

Take the proper steps for application and insertion to help ensure that the sensor will remain in place securely for 14 days.

Skin preparation is key:

- Choose an area on the back of the upper arm that generally stays flat (no bending or folding)
- Only use non-moisturizing, fragrance-free soap to wash the area where applying the sensor
- Use alcohol wipe to remove oily residue

Note: Skin **MUST** be clean and dry before application.

To load the FreeStyle Libre 2 sensor into its applicator correctly, be sure to follow these important steps:

- Line up the dark mark on the Sensor Applicator with the dark mark on the Sensor Pack
- On a hard surface, press down firmly on the Sensor Applicator until it comes to a stop

Note: The FreeStyle Libre 3 sensor comes preloaded in a one-piece applicator.



2 Download the appropriate FreeStyle Libre systems app*



3 Enroll in the MyFreeStyle Program for valuable education and support

MyFreeStyle is designed to help patients feel more confident in managing their diabetes with FreeStyle Libre systems¹. This 6-month program provides patients education and support on their journey to help them understand such things as:

- How food and physical activity affect glucose
- How to use insights to make more informed decisions about their diabetes care

Join now at StartMyFreeStyle.com



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*The FreeStyle Libre 2 app and FreeStyle Libre 3 app are only compatible with certain mobile devices and operating systems. Please check our website for more information about device compatibility before using the app. Use of the FreeStyle Libre 2 app and FreeStyle Libre 3 app require registration with LibreView.

Medicare coverage is available for the FreeStyle Libre 2 system if the FreeStyle Libre 2 reader is used to review glucose data on some days every month. Medicare and other third party payor criteria apply. Abbott provides this information as a courtesy, it is subject to change and interpretation. The customer is ultimately responsible for determining the appropriate codes, coverage, and payment policies for individual patients. Abbott does not guarantee third party coverage or payment for our products or reimburse customers for claims that are denied by third party payors.

At this time, FreeStyle Libre 3 is not currently eligible for Medicare reimbursement, and Medicaid eligibility may vary by state.

1. Data on file. Abbott Diabetes Care.

See page 2 for Important Safety Information.

4 Customize real-time alarms*

The FreeStyle Libre 2 and FreeStyle Libre 3 systems have real-time alarms* that are easy and simple to set up¹. There are two customizable alarms:

- Low glucose alarm (Default setting is set at 70 mg/dL)
- High glucose alarm (Default setting is set at 240 mg/dL for FreeStyle Libre 2 and set at 250 mg/dL for FreeStyle Libre 3)

Alarms* are on by default; patients can easily customize alarm settings¹

Tap the app[†] or reader Menu icon[†]

Tap Alarms, then Change Alarm Settings

Set Low and High Glucose Alarms

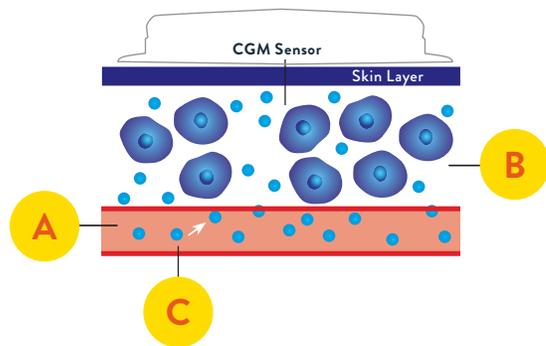
To receive alarms*, the smartphone[†] or reader[‡] should be turned on, within the appropriate distance* of the patient, and unobstructed at all times[§].

5 Remember that CGM sensor glucose and blood glucose readings won't always match²

CGM readings are proven to be accurate and can be used for treatment decisions¹. However, when the blood glucose levels change rapidly the CGM reading can be different from blood glucose reading³.

- A** Blood glucose readings are taken from blood with fingersticks.
- B** CGM readings are taken from interstitial fluid, a thin layer of fluid that surrounds the cells below your skin.
- C** Glucose enters the bloodstream first, so blood glucose readings lead sensor glucose readings.

Eventually, sensor glucose readings catch up to blood glucose readings. This difference is known as the lag³, and will be more evident after meals, insulin, and activity.



FreeStyle Libre 

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*Notifications will only be received when alarms are turned on and the sensor is within 20 feet (for FreeStyle Libre 2) or 33 feet (for FreeStyle Libre 3) unobstructed of the reading device. You must enable the appropriate settings on your smartphone to receive alarms and alerts, see the FreeStyle Libre 2 User's Manual or the FreeStyle Libre 3 User's Manual for more information. †The FreeStyle Libre 2 app and FreeStyle Libre 3 app are only compatible with certain mobile devices and operating systems. Please check our website for more information about device compatibility before using the app. Use of the FreeStyle Libre 2 app and FreeStyle Libre 3 app require registration with LibreView. ‡The FreeStyle Libre 2 app and the FreeStyle Libre 2 reader have similar but not identical features. Fingersticks are required for treatment decisions when you see Check Blood Glucose symbol and when your glucose alarms and readings from the system do not match symptoms or expectations. §The Signal Loss Alarm will notify a patient when the smartphone has lost contact with the sensor for more than 20 minutes. ¶Fingersticks are required if your glucose alarms and readings do not match symptoms or when you see Check Blood Glucose symbol during the first 12 hours.

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1. Data on file. Abbott Diabetes Care. 2. FreeStyle Libre 2 User's Manual, FreeStyle Libre 3 User's Manual. 3. Tarini, C. *Glucose Sensor Use in Children and Adolescents: A Practical Guide* (2020): https://doi.org/10.1007/978-3-030-42806-8_2.

IMPORTANT SAFETY INFORMATION

Failure to use FreeStyle Libre 2 or FreeStyle Libre 3 systems as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose alarms and readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyleLibre.abbott/us-en/safety-information.html> for safety info.

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