



Get guided support with MyFreeStyle

See Important Safety Information on page 6.



See Why People Love MyFreeStyle

90%

have a better understanding of how
food impacts glucose levels¹

89%

feel more confident in their
diabetes management¹

86%

expressed satisfaction
with MyFreeStyle¹

“

The program has really helped me to understand how different foods and exercise affect my... glucose level. This has helped build my confidence that I can deal with this.”

— **MyFreeStyle
participant**



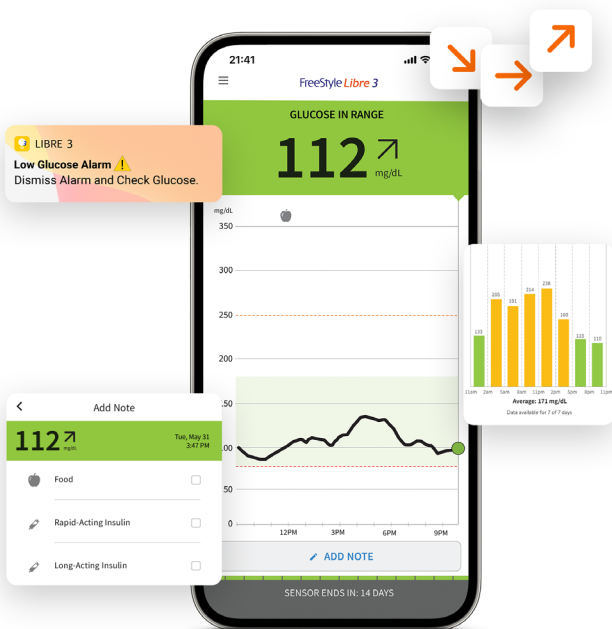
The views expressed should not be used for medical diagnosis or treatment or as a substitute for professional medical advice. Individual symptoms, situations and circumstances may vary.

Reference: 1. Data on File. Abbott Diabetes Care.

Just knowing your glucose numbers is not enough

Get free tools and tips via email, text, or video, so you can make informed decisions that work for you.

- Easy tutorials
- Sensor tips and best practices
- Meal and activity tips
- Refill reminders





We'll help you start your first sensor

Receive emails and video tutorials including:

- Painless^{*1,2} sensor application
- Taking your first glucose reading
- Setting up alarms^{†‡} for safety

*Study was performed with the outside US version of the FreeStyle Libre 14 day system. Data is applicable to FreeStyle Libre 2 and FreeStyle Libre 3 systems, as feature sets are similar as FreeStyle Libre 14 day system, excluding alarms. †Alarm notifications will only be received when alarms settings are enabled and turned on and sensor is within 33 feet unobstructed of the reading device. ‡Alarm notifications will only be received when alarms settings are enabled and turned on and sensor is within 20 feet unobstructed of the reading device.

Reference: 1. Haak, T. Diabetes Therapy (2017): <https://doi.org/10.1007/s13300-016-0223-6>. **2.** Alva, S. Diabetes Therapy (2023): <https://doi.org/10.1007/s13300-023-01385-6>.

You'll get so much more than just glucose readings



See how meals and activity affect your glucose



See when your glucose is heading up or down, so you can treat early



Set a personalized target range* with your doctor so you can stay on track



Get tips for managing highs and lows

StartMyFreeStyle.com



No credit card required,
no strings attached

* Default range is 70-180 mg/dL. Consult with a healthcare professional on individual target glucose range.



StartMyFreeStyle.com



No credit card required,
no strings attached

Medicare and other payor criteria may apply.

The product images are for illustrative purposes only.

The FreeStyle Libre systems apps are only compatible with certain mobile devices and operating systems. Please check the Support section of our website for more information about device compatibility before using the apps. Use of the FreeStyle Libre systems apps may require registration with LibreView.

Important Safety Information

FreeStyle Libre 14 day, FreeStyle Libre 2 and FreeStyle Libre 3 systems: Failure to use FreeStyle Libre systems as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose reading and alarms (if enabled) do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.freestyle.abbott/us-en/safety-information.html> for safety info.

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